

# UNDER THE FALCON'S WING

Foremost School  
Box 430  
Foremost, Alberta T0K 0X0  
Phone: 403-867-3845 Fax: 403-867-3553  
Prairie Rose School Division No. 8  
1-800-468-7023 or 403-527-5516



March 3, 2010

## Semester One Honour Roll

### Grade 7

#### Honour Roll

Hughson, Carly  
Niggli, Tracy  
Strain, Georgia  
VanBuskirk, Shannon  
VanStaalduine, Brady  
VanStaalduine, Kasi

#### Honourable Mention

Heidinger, Thane  
Heitrich, Lyle  
Kurtzweg, Karina  
Lengyel, Trevor  
Morrison, Taylor

### Grade 8

#### Honour Roll

Burggraaf, Annelene  
Florchinger, Evan  
Huisman, Kyle  
Jesske, Haylie  
VanArragon, Meagan  
Wong, Jayme

#### Honourable Mention

Britschgi, Joey  
Harty, Jamie  
McDonald, Holden  
Pozdnekoff, Cole  
Toth, Brock

### Grade 9

#### Honour Roll

Finstad, Casey  
Harty, Colby  
Johnson, Dean  
Ogden, Jenna  
Wright, Zoe

#### Honourable Mention

D'Agnone, Antonio  
VanGaalén, Pierce  
Webster, Cody

### Grade 10

#### Honour Roll

Bodin, Brenna  
Jesske, Colby  
Kiffiak, Nathan  
VanBuskirk, Jessica  
Van Staalduine, Kaitlyn

#### Honourable Mention

Anderson, Kennedy  
Boschee, Houston  
Ivanics, Amanda

### Grade 11

#### Honour Roll

Gaetz, Kelsey  
Gouw, Taylor  
Harty, Justin  
Hazell, Kira  
Hughson, Bailey  
Tewsley, Travis

#### Honourable Mention

Finstad, Taylor  
Jetter, Ryan  
Piper, Brandon  
Schussler, Clayton

### Grade 12

#### Honour Roll

Halmrast, Samantha  
Harty, Blair  
Klatt, Logan  
O'Hara, Karmen  
Pittman, Alyssa  
Sehn, Evan  
Toth, Nicole

#### Honourable Mention

Beutler, Andrew  
VanGaalén, Chase

## Mr. Leighton's Office

### Visitors to My Office

I had a great visit with Tianna P, Lina, Jaiden, and Corryn this past week as they shared some terrific success stories with me. It is always good to visit with students in my office to share their successes. Many more weeks left before the end of this school year so I am looking forward to meeting with many more students.

### Junior and Senior High Honour Roll Semester One

Please find enclosed with this week's newsletter Mr. Myer's Junior and Senior High School Honour Roll listing for semester one. Great job everyone!

### Reminders of Upcoming Events

Friday, March 5 <sup>th</sup>	Elementary Report Cards go home
Thursday, March 11 <sup>th</sup>	Elementary Parent/Teacher Interviews after school
Tuesday, March 16 <sup>th</sup>	Elementary Parent/Teacher Interviews after school
Thursday, March 18 <sup>th</sup>	Foremost School Professional Development Day
Friday, March 19 <sup>th</sup>	Prairie Rose School Division Professional Development Day

### Good Luck to our Junior and Senior High Basketball Teams

Staff and students wish our Junior and Senior High basketball teams the best of luck this week as our Junior High Teams compete in Zone Play and our Senior Teams compete in League finals. Play hard everyone!

## Pennies for Peace

Over the next two months we will be gathering pennies which will be used to build schools in Afghanistan and other surrounding countries. The organization which undertakes this task was begun by Greg Mortenson, subject of Three Cups of Tea and author of Stones into Schools. The organization is a response to Mortenson's travels in that area, where he saw a great need for schools, especially for girls.

Pennies for Peace only collects pennies and 100% of the funds go directly to the projects. Administration costs are covered by other funding.

Containers for the collection of pennies will be placed in each classroom and when these containers are full, the pennies can be amalgamated in the larger container in the office. Then they will be turned over to the Order of Malta (Phoebe Strain is a member) who will count, roll and deposit the coins.

So gather up your pennies and use them to contribute to this worthwhile cause.



**I don't know what your destiny will be, but one thing I know; the only ones among you who will be really happy are those who have sought and found how to serve.**

Alberta Schweitzer

## Mrs. Hughson's Reminders

### Medicine Hat College News

**Pre-Orientation, April 29<sup>th</sup>, 2010**-Event geared toward students interested in attending MHC in Fall 2010. This event offers a lot of helpful information for students and families about what students need to know before coming to college in the fall, life as a college student, and Financial Aid and Academic Advising.

The **deadline to apply for MHC scholarships is March 31<sup>st</sup>**. Students can apply on our website at: <http://www.mhc.ab.ca/admissions/financial-aid/scholarships/>. Please contact Financial Aid at 403-504-3594 for more details.

### Trades Discovery Day at the Lethbridge College March 13

Learn about the trades offered through Lethbridge College on Saturday, March 13 from 9a.m.-4p.m. There will be interactive displays in Automotives, Welding, Carpentry, Electrical, Wind Turbine and Culinary. Take the time to check it out.

### Lethbridge College AG Days

Lethbridge College is holding agriculture days on March 24 for students grades 9 - 12, if you are interested in attending please see Mrs. Hughson

### Miller Thomson Scholarship

The purpose of THE MILLER THOMSON FOUNDATION NATIONAL SCHOLARSHIP is to encourage and promote the attainment of higher educational goals for individuals who have demonstrated a high level of academic achievement, have made a positive contribution to their school through involvement in extracurricular activities and have made significant contributions of time and energy to community service programmes. Application is online and the deadline is March 15, 2010. Online applications is available at [www.millერთhomson.com](http://www.millერთhomson.com)

### The Garfield Weston Awards

The program is designed to recognize outstanding college-bound students who show a strong commitment to their fields of study and are interested in making positive contributions to their communities. Application deadline is March 23<sup>rd</sup>. [www.garfieldwestonawards.ca](http://www.garfieldwestonawards.ca)

## Basketball Action

**Bottles, Bottles, Bottles...**if you feel like clearing away some clutter, please bring your bottles over to the trailer located in the student parking lot. We apologize that we haven't been around to personally collect them; we will try and get around once league the season has ended.

### Senior Dates to Remember

March 3 & 4 Sr. boys host league Championships  
Girls travel to Vauxhall

March 8-13 1A south Zones  
Go to [www.southzonebasketball.com](http://www.southzonebasketball.com)

### Junior Dates to Remember

March 5 & 6 Junior girls are off to 2J zones in Gershaw and  
Junior boys are off to Mountain View

GOOD LUCK TEAMS!

### Used Tools for sale

Devilbiss Air compressor-----	\$450.00
46 inch 16 gauge metal brake-----	\$350.00
23 inch 18 gauge metal brake-----	\$225.00
24 inch sheet metal roller-----	\$125.00
Ryobi router 12 X18 table/stand -----	\$50.00
9 inch wood vise-----	\$20.00
Welding helmet-- -----	\$12.00
Power hand planer needs cord repair -----	\$35.00
Makita power plunge router-----	\$50.00
Hand powered Jigsaw -----	\$5.00

### Junior High Student Union Fun-Spiel

Thursday, March 4, 2010  
Grade 6 - 9

Bring your own lunch or the concession will be open.  
Sign up in the Gym!!!



## Around the Village

### Foremost Municipal Library: LIBRARY HOURS

Tuesday: 10:30 am - 5:30 pm, 6:30 pm - 8:00 pm  
Wednesday: 10:30 am - 5:30 pm  
Thursday: 10:30 am - 5:30 pm, 6:30 pm - 8:00 pm  
FRIDAY : 10:30 am - 3:00 pm  
CLOSED: Saturday, Sunday & Monday

**Fridays @ 10:00 a.m: Parent/Child Mother Goose** with Cathy Hennebury

**March 2nd -30th AFA Travelling Art Exhibition"Common Threads: Textiles in Art"**  
Everyone is welcome to view the exhibition!

**Wednesday, March 3rd, 2010- 7:00 pm - 8:00 pm- Video Conference** 7:00 PM - 8:00 PM - West Word Ho! Meet Poet/Author Doris Daley. Join one of Canada's premier cowboy poets for an evening of entertainment, poetry, writing tips, festival reports...and iambic pentameter! Doris is the first Canadian to win the Western Music Association's top award for Best Female Cowboy Poet in North America and best honours for recent CD, *Beneath a Western Sky*. Hosted by the Sheep River Library in Black Diamond. To register, please contact Joanne @ the Library

### Wednesday, March 17th, 2010

12:00 PM - 1:30 PM - Law @ Lunch: An Enduring Power of Attorney (A Will: A Legal Toolkit), presented by Lethbridge Public Library and the Public Legal Education Program (Lethbridge College). To register, please contact Joanne @ the Library


### Wednesday, March 24th, 2010

7:00 PM - 9:00 PM - Definitely Not Plato Book Club hosted by Lethbridge Public Library. The March book selection is *Blood Brothers* by Michael Weisskopf. To register, please contact Joanne@ the library


If you are interested in taking Drivers Ed. this spring, please call Lethbridge Driving Academy at 403-327-3886. A minimum of 10 students is required to hold the classes.

Region 2 SE Alberta Child & Family Services and Family & Community Support Services Programs proudly present:

a free regional event for parents



**Foremost School**  
Saturday morning  
March 27, 2010  
9am - Noon  
for parents of children and youth




**RELATIONSHIP MATTERS: HARNESSING THE POWER OF ATTACHMENT**

Internationally renowned speaker and ground breaking author Dr. Gordon Neufeld is coming to S.E. Alberta\*. On Saturday morning March 27, 2010 Dr. Neufeld will talk about how parents can harness the Power of Attachment to make their interactions with children easier and more effective.  
Visit our website: [www.positiveculture.ca/parenting](http://www.positiveculture.ca/parenting) for more ....

Dr. Neufeld's best-selling book "Hold on to Your Kids" will be available for \$20 cash!!

**Facilitated Follow-Up**



Bonnie Rude-Weisman


As a registered psychologist of 25 years, and adoptive mother of a soon to be 22 year old, Bonnie Rude-Weisman draws upon the rich learning experiences provided by her clients and son to guide parents, children and teens in their journey to belong, to be accepted, and to be loved. Dr. Neufeld's work has been tremendously helpful in adding to Bonnie's work. Indeed, no single author, clinician, or presenter has had the impact on Bonnie's work that Dr. Neufeld has had. Bonnie looks forward to facilitating the parent session in Foremost in the hopes that each of you can benefit from Dr. Neufeld's work.

**Join us**

**LIMITED SEATING – BOOK YOUR SPOT TODAY!**

Foremost School – Sat. March 27, 2010  
9:00 – 10:30 am  
Dr. Neufeld speaks via video- link  
10:30 to noon  
B. Rude-Weisman facilitates follow-up

To register, please contact:  
**Corinna Roth-Beacome,**  
County Forty Mile FCSS  
403-867-2766  
email: [fcss40ml@bowisland.com](mailto:fcss40ml@bowisland.com)



new tools for parents

\* In a live video-broadcast from Redcliff to locations in: Foremost, Bow Island, Oyen and Bassano

Anyone interested in seeing the Foremost History Books, "Shortgrass Country" updated and expanded is invited to a meeting on Wed. March 10, 2010 at 1 P.m. in the Foremost Seniors Centre. A representative from Friesen Publishing will be present. It is hoped to have a new book available for the Foremost Centennial in 2013. For more information or any questions, please call Betty at 403-867-2225.