

UNDER THE FALCON'S WING

Foremost School
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February 24, 2010

Mr. Leighton's Office

Visitors To My Office

I had two visitors to my office since our last newsletter. Visitors were Jessica and Walker with some great math work. I look forward to seeing many more students this coming week. I hope everyone had an enjoyable week off last week.

High School Curling

Congratulations to our high school curling team who are playing in the high school zone play downs in Claresholm this week. We wish them all the best in their quest to reach a spot in the curling provincials in early March.

Elementary Report Cards

The second report card for all elementary students will be going home on Friday, March 5th. Please keep an eye out for this important school document in your child's book bag next Friday.

Elementary Parent/Teacher Conferences

Parent/Teacher conferences for all elementary students will be held after school on the evenings of March 11th and 16th. Parents wishing to have an interview may contact the school to arrange an interview time. Staff may also be requesting an interview and this request will be enclosed with your child's report card.

School Professional Development Days in March

Please note that staff will be involved in a school professional development day on Thursday, March 18th, and with a divisional professional development day on Friday, March 19th. There will be no school for students and the buses will be not running on these days.

Operation Christmas Child

In March (next week!) we will again begin to collect items for our boxes. March will be dedicated to the collection of hygiene items. Though our boxes have always had a good supply of toothbrushes, soap, washcloths and combs/brushes, this is an area which is lacking in many of the boxes we see in Calgary at the warehouse. As we examine the boxes there, we have access to some extra items we can add to boxes which do not have enough or a balanced content. But we never have extra hygiene items to add.

This year we would like to collect some extra toothbrushes, washcloths and soap, combs and brushes so that we can take them up with us to the warehouse to add to some of these needy boxes. Please consider adding your efforts to ours in this endeavor. March is one of the months we will designate for these particular items:

SOAP WASHCLOTHS TOOTHBRUSHES
COMBS HAIRBRUSHES

Olympic Trivia

Congratulations to the following students who had their names drawn from our "Olympic Trivia" contest!

Morgan - Grade 2

Hailee - ECS

Spencer - Grade 2

Lacie - Grade 2

Thank you to everyone who entered!

Mrs. Hughson's Reminders

Youth Development Through Recreation Services Symposium

The 2010 YDRS Symposium will be held at The Banff Centre from March 15-17th. This year's event will be focused on the theme of Building Youth Friendly Communities through these three streams:

1. Youth and Nature
2. Leadership
3. Building Connections with Youth

Alberta Youth Olympic Symposium

The Alberta Youth Olympic Symposium is a biennial event that invites high school students from across the province to participate in a leadership development conference that revolves around sport and the Olympic Movement. The program teaches leadership skills and values through an examination of the Olympic Movement and its values. Delegates are given a great opportunity to further develop their leadership skills and to meet like-minded peers. For any youth in Grades 10-12 who may be interested, the **Alberta Youth Olympic Symposium** is now accepting applications for its 18th Sport Leadership Program for Alberta High School Students to be held in Calgary, Alberta from April 29 – May 2, 2010. Please see Mrs. Hughson if you are interested.

Medicine Hat College News

Pre-Orientation, April 29th, 2010-Event geared toward students interested in attending MHC in Fall 2010.

This event offers a lot of helpful information for students and families about what students need to know before coming to college in the fall, life as a college student, and Financial Aid and Academic Advising.

The **deadline to apply for MHC scholarships is March 31st**. Students can apply on our website at:

<http://www.mhc.ab.ca/admissions/financial-aid/scholarships/>. Please contact Financial Aid at 403-504-3594 for more details.

Trades Discovery Day at the Lethbridge College March 13

Learn about the trades offered through Lethbridge College on Saturday, March 13 from 9am-4pm. There will be interactive displays in Automotives, Welding, Carpentry, Electrical, Wind Turbine and Culinary. Take the time to check it out.

Miller Thomson Scholarship

The purpose of THE MILLER THOMSON FOUNDATION NATIONAL SCHOLARSHIP is to encourage and promote the attainment of higher educational goals for individuals who have demonstrated a high level of academic achievement, have made a positive contribution to their school through involvement in extracurricular activities and have made significant contributions of time and energy to community service programmes. Application is online and the deadline is March 15, 2010

The Garfield Weston Awards

The program is designed to recognize outstanding college-bound students who show a strong commitment to their fields of study and are interested in making positive contributions to their communities. Application deadline is March 23rd. www.garfieldwestonawards.ca

Grade 11 Parents

There will be a parent meeting on Thursday, February 25, 2010 at 7:00 p.m. in the Library to discuss the Grad Banquet. Please call Tracey (867-2480) if you have any questions or concerns.

Around the Village

Foremost Movie Night

Friday, February 26th

Foremost School Gym

7:00 pm - Family Movie

Fantastic Mr. Fox

9:00 pm - Youth Movie

Pirate Radio

Family - \$10

Adult (16+) - \$5

Youth - \$2.50

Concession items available for purchase

Please note: Children 11 and under **MUST** be accompanied by a

parent or babysitter for the entire evening.

Sponsored by: FCSS

Foremost Figure Skating

Show Off

1:00 p.m.

Sunday, February 28, 2010

Everyone Welcome!



Foremost Municipal Library:

LIBRARY HOURS:

Tuesday: 10:30 am - 5:30 pm, 6:30 pm - 8:00 pm

Wednesday: 10:30 am - 5:30 pm

Thursday: 10:30 am - 5:30 pm, 6:30 pm - 8:00 pm

FRIDAY :10:30 am - 3:00 pm

CLOSED: Saturday, Sunday & Monday

Fridays @ 10:00 a.m: Parent/Child Mother Goose with Cathy Hennebury

Wednesday, March 3rd, 2010- 7:00 pm - 8:00 pm- Video Conference 7:00 PM - 8:00 PM -

West Word Ho! Meet Poet/Author Doris Daley.

Join one of Canada's premier cowboy poets for an evening of entertainment, poetry, writing tips, festival reports...and iambic pentameter! Doris is the first Canadian to win the Western Music Association's top award for Best Female Cowboy Poet in North America and best honours for recent CD, *Beneath a Western Sky*. Hosted by the Sheep River Library in Black Diamond. If interested, you **must register** by Friday, February 26th.



Dr. Gordon Neufeld

Region 2 SE Alberta Child & Family Services and Family & Community Support Services Programs proudly present:

a free regional event for parents

Foremost School

Saturday morning

March 27, 2010

9am - Noon

for parents of children and youth



RELATIONSHIP MATTERS: HARNESSING THE POWER OF ATTACHMENT

Internationally renowned speaker and ground breaking author Dr. Gordon Neufeld is coming to S.E. Alberta*. On Saturday morning March 27, 2010 Dr. Neufeld will talk about how parents can harness the Power of Attachment to make their interactions with children easier and more effective.

Visit our website: www.positiveculture.ca/parenting for more

Dr. Neufeld's best-selling book "Hold on to Your Kids" will be available for \$20 cash!!

Facilitated Follow-Up



Bonnie Rude-Weisman

As a registered psychologist of 25 years, and adoptive mother of a soon to be 22 year old, Bonnie Rude-Weisman draws upon the rich learning experiences provided by her clients and son to guide parents, children and teens in their journey to belong, to be accepted, and to be loved.

Dr. Neufeld's work has been tremendously helpful in adding to Bonnie's work. Indeed, no single author, clinician, or presenter has had the impact on Bonnie's work that Dr. Neufeld has had. Bonnie looks forward to facilitating the parent session in Foremost in the hopes that each of you can benefit from Dr. Neufeld's work.

Join us

LIMITED SEATING – BOOK YOUR SPOT TODAY!

Foremost School – Sat. March 27, 2010

9:00 – 10:30 am

Dr. Neufeld speaks via video-link

10:30 to noon

B. Rude-Weisman facilitates follow-up

To register, please contact:

Corinna Roth-Beacome,
County Forty Mile FCSS
403-867-2766

email: fcss40mi@bowisland.com

parenting
through the
years
new tools for parents

* In a live video-broadcast from Redcliff to locations in: Foremost, Bow Island, Oyen and Bassano

*Life is not a matter of holding good cards,
but making the most of the cards you're dealt.*

